



Cross Roads

SydWest Multicultural Services is the leading community organisation connecting and empowering people of all cultures in Western Sydney.

SydWest is running a 6-week multicultural men's support program called **Cross Roads** for Afghan, Indian and multicultural men in the Blacktown area.

Cross Roads will support you to:

- Share your story and your connection to culture.
- Examine what does it mean to be a respectful person.
- Develop respectful communication skills in your family.
- Manage feelings like anger and shame.
- Understanding the law and information about domestic and family violence
- Be a proud and caring dad, uncle and grandfather.
- Access referrals where you can get help.



Helping multicultural men, women and children to be safe and supported.

**Contact Brook
Men's Support Worker
SydWest on
0429 916 111**

**Leave a voice message or
text**

**The Group will occur at
SydWest Multicultural
Services
125 Main Street Blacktown**

**Starting Wednesday
February 7th 2024
5.30pm- 7.30pm**

FREE